




# 10 Ways to Study for Exams



1) **Take stock:** Make sure you have a sense of your grades so far, so you know which finals to prioritize & how much effort you'll need to put in for each exam.

2) **Get organized:** Take time to organize your materials from the semester. Separate materials based on unit or portion of the term.

3) **Don't wait until the last minute:** Cramming the night before is not the way to go! Consciously manage your time & avoid procrastination.

4) **Create a study schedule:** Plan out group & individual study time each day, & set daily goals. It's easy to waste time without the structure of class & other assignments.

5) **Find your ideal student environment:** Look for a space with minimal distractions (usually this means leaving your room!). Try libraries, lounges, empty classrooms, the Student Center, or a coffeeshop near campus.

6) **Review old materials:** Look at your lecture notes, p-sets, & past exams to review key concepts & identify what you don't understand. Redoing practice problems is a great study technique!

7) **Create study guides for each subject:** Anticipate questions/concepts that will be on the exam. Use diagrams to connect concepts & units.

8) **Study with others:** If you have a p-set group, schedule a study session with them! Teaching someone else something can be a great study tool.

9) **Use your resources:** Take advantage of review sessions & study guides/review sheets from instructors. Go to office hours!

10) **Take a break:** Studying 24/7 isn't feasible OR effective. Breaks will help you refresh & recharge.